

Ritual of the Rose Cross

This ritual's purpose is to dampen the astral flares that are put up when using the LBRP and the BRH. The RCR can also be used for relaxation, smoothing out one's astral body before sleep. According to Regardie's *Golden Dawn*, it is also used to protect against psychic invasion from others' thoughts (309).

Start behind the altar, facing East. Light a stick of incense, those scents related to Tiphareth are especially appropriate. Walk to the Southeast corner of the temple make a cross and circle as seen below:



*Hold the lit tip of the incense in the center of the rose cross and vibrate:
Yeheshuah (יהשוה)¹.*

Keep your arm out and move to the Southwest corner of the room. Make the Cross and Circle as before and vibrate as before.

Move now to the Northwest corner and draw and vibrate.

Move to the Northeast corner and draw and vibrate.

Complete your circle, taking the incense to the Southeast again. Hold the stick of incense up and walk to the center of the room, behind the altar. Towards the ceiling, draw and vibrate as before.

Go to the Northwest, bringing the incense down the center of the Rose Cross already there. Turn back towards the Southeast, pointing the incense towards the floor and walk to the center of the temple, behind the altar. Trace and vibrate as before, pointing towards the floor.

Go back to the Southeast and raise the incense. Travel to the Southwest. Raise the incense and go to the center of the room again. Point the incense at the center of the Rose Cross already there and vibrate as before. The continue to the Northeast.

At the Northeast, lower the incense and point it towards the floor, then return to the center of the temple. Point the incense at the center of the Rose Cross already there and vibrate. Continue back to the Southwest.

¹ This is the esoteric spelling of the name of Jesus, most agree, however that it is not the historical spelling of that name. The significance of this name, called the Pentagrammaton, is that it is the synthesis of the four elements into Spirit. Later in this ritual, the Name Yehovasha will be used. This uses the same four letters but places the Shin of Spirit between Heh sophith (elemental Earth) and the other three letter (from which Earth is derived).

Go back to the Southeast and raise the incense. From here travel around the room again, pausing for a moment at each of the Rose Crosses you have drawn, letting the incense rest in the center of each on.

Finish back at the Southeast. Draw another Rose Cross there, larger than any of the others. When drawing the circle, vibrate Yeheshuah (יהשוה) when tracing the bottom half of the circle and Yehovashah (יהושא) when tracing the top half, ending the vibration when you point the incense at the middle of the Rose Cross.

Return to the center of the temple, behind the altar facing East.

The Analysis of the Keyword

This is the analysis of the Keyword, notice how it differs from that given for the Hexagram Ritual.

Stand behind the altar (if you have one) facing East, arms outstretched in the form of a cross.

Vibrate:

I.	N	R.	I.
Yod	Nun	Resh	Yod

Say:

The Sign of Osiris Slain.

Hold your right arm straight up while keeping your left arm out, bow your head down and towards the left:

L - The Sign of the Mourning of Isis.

Hold both arms up in a V shape:

V - The Sign of Typhon and Apophis.

Cross your arms on your chest, bow your head:

X - The Sign of Osiris Risen.

Make the LVX signs while saying:

L. V. X., Lux (*pronounced Lukes*)

Make the Sign of Osiris Risen:

The Light of the Cross.

Make the Sign of Osiris Slain and say:

Virgo	Isis	Mighty Mother
Scorpio	Apophis	Destroyer

Sol Osiris Slain and Risen

Slowly raise your arms while saying:

Isis Apophis Osiris

Hold your arms up, face raised and Vibrate:

IAO (E A Oh)

If you are not in the Vault of the Adepti, vibrate the following Enochian names. These names are from the Tablet of Union used in Enochian Magic. These are the ruling Elemental God Names used in that system:

EXARP² HCOMA³ NANTA⁴ BITOM⁵

Raise your consciousness to your Kether center:

Let the Divine Light Descend.

² ἘΞΑΡΠ. Pronounced “Ex-are-pay”

³ ἩΚΟΜΑ. Pronounced “Ha-co-mah”

⁴ ἘΝΑΗΝΤΑ. Pronounced “En-ah-en-tah”

⁵ ΒΙΤΟΜ. Pronounced “Bee-toh-em”

